

Cranberry Beans With Charred Peppers And Mustard Greens

Yield: 3 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/cranberry-beans-indian-recipe>

Ingredients:

- 2 cups cranberry beans fresh shelled
- 1/2 cup extra-virgin olive oil plus 3 tablespoons and as needed
- 12 cloves garlic 6 halved lengthwise and 6 thinly sliced
- 1 bunch fresh sage
- kosher salt
- 4 peppers mixed, such as red bell, cubanelle, mild chile and/or Italian fryer
- 1 bunch mustard greens tough stems and spines removed
- coarse sea salt

Nutrition:

1. Calories: 770 calories
2. Carbohydrate: 82 grams
3. Fat: 37 grams
4. Fiber: 33 grams
5. Protein: 31 grams
6. SaturatedFat: 5 grams
7. Sodium: 530 milligrams

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