

# Mexican Pizza

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/tijuana-flats-mexican-pizza-recipe>

## Ingredients:

- 1/2 pound ground beef or turkey
- 3 tablespoons taco seasoning
- 1/2 cup refried beans
- 1/2 cup salsa
- 1/2 cup shredded mexican cheese blend taco-blend
- 2 flour tortillas 10 inch
- tomatoes
- green onions
- olives

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 55 milligrams
4. Fat: 16 grams
5. Fiber: 4 grams
6. Protein: 19 grams
7. SaturatedFat: 7 grams
8. Sodium: 900 milligrams
9. Sugar: 3 grams
10. TransFat: 0.5 grams

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