

Japanese pickled vegetables (tsukemono)

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-vegetable-zucchini-recipe>

Ingredients:

- 2 carrots
- 2 zucchinis
- 2 turnips peeled, or 1 medium size daikon
- white miso paste

Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 10 grams
3. Fiber: 3 grams
4. Protein: 2 grams
5. Sodium: 70 milligrams
6. Sugar: 7 grams

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