## RecipesCh®-se

## **Country Style Ribs**

Yield: 4 min Total Time: 85 min

Recipe from: https://www.recipeschoose.com/recipes/country-style-ribs-chinese-recipe

## **Ingredients:**

- 3 pounds ribs country-style, bone-in
- salt
- pepper
- 1 tablespoon Creole seasoning
- 1 onion large, sliced
- 2 teaspoons minced garlic
- 1 tablespoon Dijon mustard
- 3 tablespoons thyme minced, or more/ divided in half
- 2 tablespoons rosemary minced, or more /divided in half

## Nutrition:

- 1. Calories: 750 calories
- 2. Carbohydrate: 6 grams
- 3. Cholesterol: 205 milligrams
- 4. Fat: 48 grams
- 5. Fiber: 2 grams
- 6. Protein: 69 grams
- 7. SaturatedFat: 17 grams
- 8. Sodium: 340 milligrams
- 9. Sugar: 1 grams

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