

Italian Air Fryer Sausage Links

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-italian-sausage-recipe-air-fryer>

Ingredients:

- 1 pound Italian sausage Trader Joes
- 1 onion Sliced
- 1 pepper Red or Green Sliced
- 1 tablespoon olive oil

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 85 milligrams
4. Fat: 39 grams
5. Fiber: 1 grams
6. Protein: 16 grams
7. SaturatedFat: 13 grams
8. Sodium: 830 milligrams
9. Sugar: 1 grams

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