

Roasted Spicy Cauliflower

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-roasted-cauliflower-recipe-indian>

Ingredients:

- 1 head cauliflower cored and cut into florets
- 2 tablespoons extra-virgin olive oil
- 1 teaspoon red pepper flakes I used Aleppo pepper
- 1 pinch salt
- ground black pepper fresh, to taste

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 8 grams
3. Fat: 7 grams
4. Fiber: 3 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 120 milligrams
8. Sugar: 3 grams

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