

# Slow Cooker Corned Beef and Cabbage

Yield: 12 min  
Total Time: 620 min

Recipe from: <https://www.recipeschoose.com/recipes/crock-pot-corned-beef-recipes>

## Ingredients:

- 6 carrots large, cut into chunks
- 1 onion large, cut into pieces
- 6 yellow potatoes or medium red, peeled and cut into large chunks
- 1/2 head cabbage medium, cut into wedges
- 1 cup water
- 4 pounds corned beef with the seasoning packet

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 80 milligrams
4. Fat: 23 grams
5. Fiber: 5 grams
6. Protein: 27 grams
7. SaturatedFat: 8 grams
8. Sodium: 1880 milligrams
9. Sugar: 2 grams

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