

Shrimp and Creamy Cheesy Grits

Yield: 2 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/corn-grits-indian-recipe>

Ingredients:

- 3/8 pound shelled shrimp
- 2 tablespoons olive oil
- 2 teaspoons old bay seasoning
- 1 teaspoon italian seasoning
- 1/4 teaspoon garlic powder
- 1/4 teaspoon smoked paprika
- 2 cups chicken broth
- 1/2 cup corn grits yellow
- 2 ounces cream cheese I used reduced fat
- 1 cup shredded sharp cheddar cheese
- 2 green onion stalks chopped
- 2 slices bacon
- salt
- pepper

Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 110 milligrams
4. Fat: 58 grams
5. Fiber: 3 grams
6. Protein: 26 grams
7. SaturatedFat: 24 grams
8. Sodium: 1230 milligrams
9. Sugar: 2 grams

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