

# Slow Cooker Corned Beef

Yield: 8 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/corn-beef-crock-pot-recipes>

## Ingredients:

- 4 pounds corned beef
- 1 packet flat cut
- 4 carrots cut into pieces
- 8 small red potatoes halved or quartered depending on size
- 1 onion peeled cut into chunks
- 4 cups beef broth
- 1/2 head cabbage coarsely chopped

## Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 120 milligrams
4. Fat: 34 grams
5. Fiber: 5 grams
6. Protein: 39 grams
7. SaturatedFat: 11 grams
8. Sodium: 3190 milligrams
9. Sugar: 3 grams

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