

Copy Cat Taco Bell Mexican Pizza

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/copy-cat-recipe-taco-bell-mexican-pizza>

Ingredients:

- 1 1/2 pounds lean ground beef
- 1 small onion diced
- 3 cloves garlic minced
- 1 packet taco seasoning Taco Bell, or make YOUR OWN
- salt
- pepper
- 15 ounces fat-free refried beans I love the old El Paso spicy ones!, warmed
- salsa or taco sauce, your choice, we buy the Taco Bell Taco Sauce in a bottle
- 9 inches flour tortillas soft taco size
- 2 cups Mexican cheese Shredded, divided
- 4 green onions sliced
- 4 tomatoes Roma sized, diced
- sliced black olives optional
- non-stick cooking spray

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 175 milligrams
4. Fat: 29 grams
5. Fiber: 8 grams
6. Protein: 57 grams
7. SaturatedFat: 16 grams
8. Sodium: 1620 milligrams
9. Sugar: 9 grams

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