

# Greek Chicken

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/niki-s-west-greek-chicken-recipe>

## Ingredients:

- 3 pounds boneless skinless chicken breasts
- 1/2 cup Greek seasoning make your own
- 2 tablespoons coconut oil
- 1 lemon optional

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 220 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 72 grams
7. SaturatedFat: 9 grams
8. Sodium: 820 milligrams
9. Sugar: 1 grams

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