

Mahi-mahi Fish Tacos With Salsa Verde

Yield: 2 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/coleslaw-recipe-using-greek-yogurt>

Ingredients:

- 2 filets mahi-mahi, or you could use grouper or another white flaky fish
- 1 teaspoon taco seasoning homemade or store bought
- salsa verde I use Trader Joe's brand - enough to make you happy
- whole wheat flour tortillas
- shredded cheese
- greek yogurt
- avocado
- coleslaw

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 30 milligrams
4. Fat: 12 grams
5. Fiber: 3 grams
6. Protein: 7 grams
7. SaturatedFat: 5 grams
8. Sodium: 250 milligrams
9. Sugar: 6 grams

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