

Pantry Pasta Salad

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-grilled-vegetable-pasta-salad-recipe>

Ingredients:

- 8 ounces pasta bite-sized, choice
- 15 1/2 ounces cannellini beans or chickpeas, drained
- 6 ounces marinated artichoke hearts drained
- 6 ounces roasted red bell peppers
- 1/2 cup peas thawed frozen baby
- 1/3 cup Kalamata olives pitted and halved
- 3 dried tomatoes sun-, oil-packed or reconstituted dried, cut into thin strips
- 2 teaspoons capers drained
- 3 tablespoons olive oil
- 2 tablespoons lemon juice
- 1 teaspoon agave nectar
- 2 garlic cloves pressed
- 1 teaspoon dried basil
- 1/2 teaspoon dried oregano
- salt and ground black pepper
- cherry tomatoes optional
- red onion optional
- scallions optional
- chopped celery optional
- grated carrot optional
- veggies optional
- fresh parsley optional

Nutrition:

1. Calories: 740 calories
2. Carbohydrate: 123 grams
3. Fat: 15 grams
4. Fiber: 32 grams
5. Protein: 34 grams

6. SaturatedFat: 1.5 grams
 7. Sodium: 800 milligrams
 8. Sugar: 11 grams
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