

Blackened Cod Fish Tacos

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/cod-greek-yogurt-recipe>

Ingredients:

- 1 1/2 pounds cod
- 2 teaspoons Cajun seasoning
- 2 teaspoons cumin
- 1 teaspoon smoked paprika
- 1 teaspoon cayenne pepper
- 1 teaspoon black pepper
- 1/2 teaspoon sea salt
- 10 flour tortillas small
- 1 1/2 cups cabbage shredded
- 2 teaspoons fresh lime juice plus extra
- 1 bunch cilantro chopped
- 2 Roma tomatoes sliced
- 2 avocados sliced
- 1 container greek yogurt
- 1 tablespoon Sriracha

Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 80 milligrams
4. Fat: 28 grams
5. Fiber: 12 grams
6. Protein: 45 grams
7. SaturatedFat: 6 grams
8. Sodium: 1230 milligrams
9. Sugar: 8 grams

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