

Coconut Rice with Fresh Pigeon Peas

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/coconut-rice-indian-recipe-coconut-milk>

Ingredients:

- 1 cup rice
- coconut milk ½cup
- coconut Fresh, ½cup
- 2 green chilies
- 1 cup pigeon peas
- 2 inches ginger
- 2 tablespoons peanuts
- 1 tablespoon cashews
- 1 teaspoon chana dal
- 1 teaspoon urad dal
- 1 teaspoon mustard seeds
- 2 dry red chilies
- asafoetida / Hing - a pinch
- 8 curry leaves
- 2 tablespoons cilantro
- salt to taste

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 52 grams
3. Fat: 8 grams
4. Fiber: 10 grams
5. Protein: 15 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 210 milligrams
8. Sugar: 2 grams

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