

# Italian Plum Jam with Star Anise

Yield: 1 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-anise-cookies-recipe>

## Ingredients:

- 2 1/2 cups plums chopped Italian
- 2/3 cup granulated sugar
- 3 star anise blossoms

## Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 183 grams
3. Fat: 1 grams
4. Fiber: 5 grams
5. Protein: 5 grams
6. Sugar: 176 grams

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