

Classic Russian Dumplings - Pelmeni

Yield: 6 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/classic-russian-recipe>

Ingredients:

- 1/2 pound ground beef
- 1/2 pound ground pork
- 2 onions medium, purred or finely chopped
- 3 cloves garlic cloves pressed
- salt
- freshly ground black pepper
- 3 bay leaves and peppercorns
- 2 tablespoons butter sour cream and chopped parsley, to garnish, optional
- dough
- 3 cups all purpose flour
- 1 cup cold water
- 2 tablespoons cooking oil
- 1 teaspoon salt

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 59 grams
3. Cholesterol: 65 milligrams
4. Fat: 28 grams
5. Fiber: 3 grams
6. Protein: 21 grams
7. SaturatedFat: 9 grams
8. Sodium: 690 milligrams
9. Sugar: 1 grams

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