

# Classic Mexican Chicken Posole

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/classic-mexican-recipe>

## Ingredients:

- 1 pound chicken breast
- 1 teaspoon olive oil
- 3 teaspoons chili powder
- salt
- pepper
- 1 medium onion chopped
- 2 jalapeno peppers chopped
- 3 cloves garlic chopped
- 8 cups chicken broth
- 1 bay leaf
- 1 teaspoon dried thyme
- 2 teaspoons cumin
- 1 can hominy – about 25 ounces
- 2 ancho peppers
- 3 ounces tomato paste
- 1 lime + extras for serving
- avocado
- cilantro

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 75 milligrams
4. Fat: 15 grams
5. Fiber: 13 grams
6. Protein: 40 grams
7. SaturatedFat: 2 grams
8. Sodium: 900 milligrams
9. Sugar: 7 grams

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