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Slow Cooker Chipotle Short Rib Tacos

Yield: 4 min Total Time: 70 min

Recipe from: https://www.recipeschoose.com/recipes/classic-mexican-recipe-short-rib-risotto

Ingredients:

- 1 tablespoon olive oil
- 3 pounds short ribs
- 2 chipotle peppers in adobo sauce chopped
- 1/2 white onion chopped
- 1 lime juiced
- 2 cloves garlic minced
- 1/4 cup barbecue sauce not spicy
- 1 bay leaf
- 1/2 tablespoon cumin
- 1/2 tablespoon salt
- 1/4 cup beef broth
- flour tortillas Warm
- 1 handful cilantro chopped
- 2 limes juiced
- 1 garlic clove minced
- 1/2 cup greek yogurt
- 1/4 cup heavy cream
- salt to taste
- avocado slices
- lime slices
- cabbage salted and dashed with lime juice
- salsa verde
- cilantro chopped

Nutrition:

Calories: 1570 calories
Carbohydrate: 33 grams

3. Cholesterol: 285 milligrams

4. Fat: 135 grams5. Fiber: 5 grams6. Protein: 52 grams7. Seturated Fat: 60 grams

7. SaturatedFat: 60 grams8. Sodium: 1660 milligrams

9. Sugar: 9 grams

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