

# Jewish Grandma's Best Beef Brisket

Yield: 1 min  
Total Time: 260 min

Recipe from: <https://www.recipeschoose.com/recipes/classic-jewish-beef-brisket-recipe>

## Ingredients:

- 1 tablespoon vegetable oil
- 4 pounds beef brisket
- ground black pepper to taste
- 2 onions thickly sliced
- 2 cloves garlic peeled and cut in half
- salt
- pepper