

Mom's City Chicken #SundaySupper

Yield: 5 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/city-chicken-polish-recipe>

Ingredients:

- 1 1/2 pounds chicken city, pork and veal cut in cubes
- salt
- pepper
- 2 eggs beaten
- 1 cup seasoned bread crumbs
- 1/2 teaspoon paprika
- 2 tablespoons Parmesan cheese
- 1/2 cup olive oil
- gravy
- 1/2 cup broth chicken or beef
- 2 tablespoons flour

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 175 milligrams
4. Fat: 29 grams
5. Fiber: 1 grams
6. Protein: 34 grams
7. SaturatedFat: 6 grams
8. Sodium: 620 milligrams
9. Sugar: 1 grams

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