

Italian Ciabatta Bread

Yield: 4 min
Total Time: 210 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-ciabatta-bread-recipe>

Ingredients:

- 1 cup lukewarm water add more if necessary
- 2 teaspoons salt
- 2 1/4 teaspoons active dry yeast
- 3 1/2 cups all purpose flour or bread flour

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 84 grams
3. Fat: 1.5 grams
4. Fiber: 4 grams
5. Protein: 12 grams
6. Sodium: 1190 milligrams

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