

Ciabatta Bread

Yield: 3 min
Total Time: 990 min

Recipe from: <https://www.recipeschoose.com/recipes/ciabatta-bread-recipe-italia-n-suga-r>

Ingredients:

- 1 1/4 cups bread flour 1 cup plus 6 TBSP
- 7 1/4 tablespoons water 1/2 cup plus 1 TBSP, room temperature
- active dry yeast or pinch of Red Star platinum, quick rise
- 5/8 cup water 3/4 cup plus 2 tsp, room temperature
- 1 7/8 cups bread flour 2 cups plus 1 1/2 TBSP
- 3/4 teaspoon active dry yeast or Red Star platinum, quick rise
- 13/16 teaspoon kosher salt
- cornmeal or semolina for dusting

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 101 grams
3. Fat: 3 grams
4. Fiber: 3 grams
5. Protein: 17 grams
6. Sodium: 660 milligrams

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