

Christmas Vegetables

Yield: 10 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-vegetables-recipe-ideas>

Ingredients:

- 3 5/16 pounds potatoes King Edward, peeled and halved
- 1/2 bulb garlic separated into cloves and crushed with the back of a knife
- 1 bunch fresh rosemary separated into sprigs
- salt
- ground black pepper freshly
- 6 tablespoons olive oil good-quality
- 3 1/2 tablespoons butter
- 4 3/8 pounds parsnips
- 2 tablespoons runny honey
- 1 bunch fresh thyme leaves picked
- 9 1/16 cups chantenay carrots if you can't find any, use normal carrots cut at an angle into 2 inch pieces
- 1 orange

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 10 milligrams
4. Fat: 12 grams
5. Fiber: 17 grams
6. Protein: 6 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 210 milligrams
9. Sugar: 20 grams

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