

Christmas Figgy Pudding

Yield: 10 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/exotic-fruit-christmas-pudding-recipe>

Ingredients:

- 7 ounces dried figs chopped
- 7 ounces pitted dates chopped
- 2 cups water
- 1 teaspoon baking soda
- 1/2 cup butter softened
- 1 cup dark brown sugar
- 2 eggs
- 2 tablespoons dark rum
- 2 1/2 cups all purpose flour
- 1 teaspoon cinnamon
- 1 tablespoon baking powder
- 1/2 cup butter for toffee sauce
- 1 cup dark brown sugar for toffee sauce
- 2/3 cup dark rum for flambe

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 95 grams
3. Cholesterol: 90 milligrams
4. Fat: 20 grams
5. Fiber: 4 grams
6. Protein: 6 grams
7. SaturatedFat: 12 grams
8. Sodium: 450 milligrams
9. Sugar: 65 grams

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