

Spinach and Feta Stuffed Bread Christmas Tree

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/spinach-croissant-christmas-tree-recipe>

Ingredients:

- 12 ounces frozen spinach thawed and rung out well to remove extra water, I wrapped it in some paper towel to do this- I'd imagine a ch...
- 1/4 cup diced onions finely
- 3/4 cup crumbled feta cheese
- 1/3 cottage cheese a cup of
- 2 tablespoons olive oil
- 1 teaspoon dried parsley
- 1/2 teaspoon dried dill
- 1/4 teaspoon black pepper
- 1/2 teaspoon sea salt
- 1/8 teaspoon nutmeg
- 1 package crescent rolls
- 1 egg mixed with a Tbsp. or two of water

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 80 milligrams
4. Fat: 15 grams
5. Fiber: 3 grams
6. Protein: 11 grams
7. SaturatedFat: 6 grams
8. Sodium: 740 milligrams
9. Sugar: 3 grams

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