

Savoy Cabbage Salad

Yield: 6 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-savoy-cabbage-recipe>

Ingredients:

- 2 pounds savoy cabbage finely shredded
- 3 large carrots coarsely grated
- 2 cups peas fresh or frozen, thawed
- 2 cups corn canned, cooked or frozen, thawed
- 3 avocados large, diced
- 1 1/2 cups plain greek yogurt 3.5% and higher fat content
- 1 bunch dill finely chopped
- 1 garlic clove small, grated
- 1 teaspoon salt
- ground black pepper to taste

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 10 milligrams
4. Fat: 17 grams
5. Fiber: 17 grams
6. Protein: 11 grams
7. SaturatedFat: 3 grams
8. Sodium: 510 milligrams
9. Sugar: 13 grams

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