

Duck With Cherries In Chianti

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-roast-duck-breast-recipe>

Ingredients:

- 4 duck breasts skin on
- salt
- freshly ground pepper
- 2/3 cup orange juice
- 1/4 cup sugar
- 2 cups red wine such as Gabbiano Chianti
- 3 1/2 ounces cherries halved, stones removed

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 26 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sodium: 200 milligrams
6. Sugar: 20 grams

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