

Banana Pudding

Yield: 6 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-banana-pudding-recipe>

Ingredients:

- 5 egg yolks
- 1/2 cup sugar
- 1/4 cup cornstarch
- 2 cups whole milk
- 2 teaspoons vanilla
- 2 tablespoons butter
- 4 bananas ripe, sliced and quartered
- 20 vanilla wafer cookies broken into small pieces, plus one extra crushed into crumbs
- 1 cup heavy cream cold
- 1/4 cup powdered sugar

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 66 grams
3. Cholesterol: 270 milligrams
4. Fat: 31 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 17 grams
8. Sodium: 150 milligrams
9. Sugar: 43 grams

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