

# Traditional Christmas Pudding

Yield: 8 min  
Total Time: 255 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-dark-chocolate-dirt-pudding-recipe>

## Ingredients:

- 6 ounces sultanas
- 5 ounces currants
- 5 ounces raisins
- 7 fluid ounces water
- 2 flour level tbsp plain, all purpose
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon grated nutmeg
- 1/2 teaspoon mace ground
- 1/2 teaspoon ground ginger
- 2 ounces breadcrumbs
- 3 ounces suet shredded vegetarian, or softened unsalted butter
- 3 tablespoons dark chocolate grated
- 1 cooking apple peeled and grated
- 3 ounces dark brown sugar soft
- 2 tablespoons mixed peel chopped
- 2 ounces blanched almonds roughly chopped
- 1 lemon
- 1 Orange
- 1 tablespoon black treacle
- 3 tablespoons brandy
- 1 egg beaten
- butter a little, for greasing the pudding bowl

## Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 40 milligrams
4. Fat: 19 grams
5. Fiber: 5 grams

6. Protein: 5 grams
  7. SaturatedFat: 9 grams
  8. Sodium: 90 milligrams
  9. Sugar: 31 grams
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