

Pumpkin Spice Crème Brulee

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-pudding-creme-brulee-recipe>

Ingredients:

- 1 whole vanilla bean
- 1 1/2 cups heavy cream
- 1/2 cup whole milk
- 3/4 teaspoon pumpkin pie spice
- 4 egg yolks
- 1/2 cup granulated sugar
- 1/4 cup canned pumpkin puree
- 1/3 cup granulated sugar for bruleed topping

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 360 milligrams
4. Fat: 46 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 27 grams
8. Sodium: 100 milligrams
9. Sugar: 44 grams

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