

Lemon Posset

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-posset-recipe>

Ingredients:

- 2 cups heavy cream
- 2/3 cup granulated sugar
- 1 tablespoon lemon zest grated
- 6 tablespoons lemon juice freshly squeezed
- 1 1/2 cups strawberries blueberries, blackberries

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 130 milligrams
4. Fat: 36 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 22 grams
8. Sodium: 35 milligrams
9. Sugar: 25 grams

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