

Broccoli Pesto Pasta

Yield: 6 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/pesto-pasta-recipe-india>

Ingredients:

- 1 pound spaghetti vermicelli, capellini, or angel hair pasta, whole wheat or gluten free pasta works great
- 1 1/2 pounds broccoli heads, cut from stalks into small florets (about 1 lb florets)
- 3/4 cup pesto with cheese or dairy-free
- 3 tablespoons extra-virgin olive oil
- grated Parmesan cheese vegan parmesan cheese, or pecorino cheese
- salt to taste

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 5 milligrams
4. Fat: 9 grams
5. Fiber: 6 grams
6. Protein: 14 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 210 milligrams
9. Sugar: 5 grams

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