

Delightful Baked Pears

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-pear-recipe>

Ingredients:

- 2 pears cut lengthwise and core removed
- 1/4 cup plain flour
- 1/4 cup rolled oats
- 1/8 cup brown sugar unrefined
- 1/8 cup unsalted butter cubed at room temperature
- 1/4 cup slivered almonds
- 1/8 teaspoon canela
- honey

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 15 milligrams
4. Fat: 9 grams
5. Fiber: 4 grams
6. Protein: 3 grams
7. SaturatedFat: 4 grams
8. Sugar: 17 grams

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