

# Christmas Nut Roast

Yield: 6 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-nut-roast-recipe-uk>

## Ingredients:

- 1 knob butter
- 1 onion finely chopped
- 2 sticks celery finely chopped
- 2 cloves garlic finely chopped
- 1/2 cup mushrooms finely chopped, cremini or portobello mushrooms work best here
- 1 rosemary spring of, removed from stem
- 2 sage leaves torn
- 1 carrot grated
- 1 teaspoon paprika
- 1 1/4 cups nuts mixed unsalted, roughly chopped
- 6 1/2 tablespoons pistachio nuts deshelled and roughly chopped
- 1 cup chestnuts peeled and roughly chopped
- 1 handful parsley chopped
- 1/2 lemon
- 7 1/16 tablespoons cheddar cheese grated
- salt
- pepper
- 3/4 cup breadcrumbs
- 2 eggs whisked

## Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 85 milligrams
4. Fat: 26 grams
5. Fiber: 9 grams
6. Protein: 15 grams
7. SaturatedFat: 5 grams
8. Sodium: 330 milligrams

9. Sugar: 4 grams

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