

# Christmas Crunch Mix

Yield: 25 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-nut-mix-recipe>

## Ingredients:

- 4 cups Chex Cereal rice
- 3 cups frosted cheerios
- 2 cups mini pretzels
- 1 1/2 cups dry roasted peanuts
- 16 ounces candy
- 20 ounces vanilla almond bark
- 2 7/8 ounces sprinkles holiday festive
- 1 cup m&m regular red and green
- 1 cup m&m mini red and green
- 2 cups cookies mini gingermen

## Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 10 milligrams
4. Fat: 22 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 10 grams
8. Sodium: 300 milligrams
9. Sugar: 38 grams

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