

# Christmas Tree Mini Quiches

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-mini-quiches-recipe>

## Ingredients:

- 1 9/16 pounds potato peeled, starchy
- 1 broccoli romanesco
- 6 eggs
- 3 tablespoons flour use chickpea flour for gluten-free version
- 2 tablespoons olive oil
- 3 pomegranate grains of
- 7 tablespoons fresh goat cheese
- 2 tablespoons milk optional
- salt
- pepper

## Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 87 grams
3. Cholesterol: 345 milligrams
4. Fat: 26 grams
5. Fiber: 17 grams
6. Protein: 31 grams
7. SaturatedFat: 10 grams
8. Sodium: 460 milligrams
9. Sugar: 36 grams

---

Thank you for visiting our website. Hope you enjoy Christmas Tree Mini Quiches above. You can see more 20 christmas mini quiches recipe Experience flavor like never before! to get more great cooking ideas.