

Christmas Mince Pies

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-mince-tarts-recipe-easy>

Ingredients:

- 3 cups plain flour sifted
- 1 cup butter cubed
- 1 cup caster sugar
- 1 large egg yolk
- 2 tablespoons ice cold water if required
- 1/2 teaspoon salt
- 7 1/16 cups mincemeat fruit, large jar from supermarket
- 1 beaten egg small, to glaze
- icing sugar to sprinkle, optional
- flour Additional, for rolling the pastry

Nutrition:

1. Calories: 1500 calories
2. Carbohydrate: 207 grams
3. Cholesterol: 190 milligrams
4. Fat: 70 grams
5. Fiber: 9 grams
6. Protein: 18 grams
7. SaturatedFat: 35 grams
8. Sodium: 1140 milligrams
9. Sugar: 89 grams

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