

Spiral Ham

Yield: 14 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-ham-glaze-recipe-nigella>

Ingredients:

- 10 pounds ham spiral
- 6 ounces ginger preserves jar of, or glaze of your choice

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 190 milligrams
4. Fat: 30 grams
5. Fiber: 3 grams
6. Protein: 57 grams
7. SaturatedFat: 10 grams
8. Sodium: 4390 milligrams
9. Sugar: 6 grams

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