

Broccoli And Cheese Penne

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-golden-broccoli-casserole-recipe>

Ingredients:

- 6 1/2 ounces penne pasta
- 1 pound broccoli cut into small florets
- 3 eggs
- 1 cup cream
- 1/3 cup milk
- 2/3 cup cheddar cheese coarsely grated
- 1/2 cup breadcrumbs
- 1 cup grated Parmesan cheese finely
- 2 cloves garlic crushed
- 1 tablespoon grated lemon rind finely
- 2 tablespoons fresh flat leaf parsley finely chopped

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 250 milligrams
4. Fat: 33 grams
5. Fiber: 5 grams
6. Protein: 33 grams
7. SaturatedFat: 18 grams
8. Sodium: 730 milligrams
9. Sugar: 6 grams

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