

# CHRISTMAS FRUIT AND NUT CAKE

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-fruit-and-nut-cake-recipe>

## Ingredients:

- 1/3 cup dried cranberries
- 1/3 cup raisins
- 1/3 cup golden raisins
- 1/3 cup dates
- 1/2 cup wine
- butter unsalted – 1/2 cup, 1 stick / 8 tbsp at room temperature
- 1/2 cup vegetable shortening
- 3/4 cup brown sugar
- 1/2 cup molasses
- 3/4 cup milk
- 2 teaspoons baking powder
- 1 1/2 tablespoons orange zest
- 1 teaspoon vanilla extract
- 1 teaspoon salt
- 3 eggs
- 3 1/2 cups all purpose flour
- 1/4 cup orange juice
- 1/2 cup sliced almonds
- cashew chopped – 1/2 cup

## Nutrition:

1. Calories: 1240 calories
2. Carbohydrate: 183 grams
3. Cholesterol: 180 milligrams
4. Fat: 46 grams
5. Fiber: 7 grams
6. Protein: 23 grams

7. SaturatedFat: 13 grams
  8. Sodium: 1010 milligrams
  9. Sugar: 79 grams
  10. TransFat: 3.5 grams
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