

# Sweetened Condensed Milk Ice Cream

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-crack-recipe-with-sweetened-condensed-milk>

## Ingredients:

- 14 ounces sweetened condensed milk {or, make your own!}
- 4 cups half and half or whole milk
- 1 teaspoon vanilla

## Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 63 grams
3. Cholesterol: 125 milligrams
4. Fat: 38 grams
5. Protein: 15 grams
6. SaturatedFat: 22 grams
7. Sodium: 230 milligrams
8. Sugar: 54 grams

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