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Homemade Pumpkin Spice Latte

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/christmas-coffee-recipe-mix

Ingredients:

- 2 cups milk
- 2 tablespoons canned pumpkin puree
- 3 tablespoons white sugar depending on how sweet you want your latte
- 1 tablespoon vanilla extract
- 1/2 teaspoon allspice
- 1/2 cup coffee dark roast
- whipped cream

Nutrition:

Calories: 130 calories
Carbohydrate: 18 grams
Cholesterol: 10 milligrams

4. Fat: 3 grams5. Protein: 6 grams

6. SaturatedFat: 1.5 grams7. Sodium: 105 milligrams

8. Sugar: 17 grams

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