

# Seafood Salad Marinated for Christmas Eve !

Yield: 7 min  
Total Time: 22 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-casserole-recipe-shrimp>

## Ingredients:

- 3 pounds squid small, bodies, calamari - already cleaned
- 1 pound shrimp cleaned, deveined- cut in halves
- 3 lemons or more to taste
- 5 ounces olives pimento martini, rinsed, chopped
- 1/4 cup fresh parsley chopped
- 4 garlic cloves thinly sliced
- 1/2 cup extra virgin olive oil
- 2 Tbsp. white balsamic vinegar
- 3 stalks celery sliced
- 1 teaspoon sea salt
- ground black pepper to taste

## Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 550 milligrams
4. Fat: 21 grams
5. Fiber: 3 grams
6. Protein: 45 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 710 milligrams
9. Sugar: 1 grams

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