

# Cornish Game Hen Soup

Yield: 4 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/thanksgiving-game-hens-recipe>

## Ingredients:

- 1 hen cooked game, or assorted leftover pieces from dinner
- 8 cups water
- 3 slices cooked bacon
- 2 parsnips
- 3 carrots
- 2 celery
- 6 garlic cloves
- 1 white onion
- 3 cubes chicken bouillon to taste
- 1 cup rice mix wild/brown
- 1 hen cooked game
- 2 parsnips
- 3 carrots
- 2 celery
- 6 cloves garlic
- 1 white onion
- 3 cubes chicken bouillon
- 1/2 cup wild rice
- 1/2 cup brown rice

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 86 grams
3. Cholesterol: 25 milligrams
4. Fat: 5 grams
5. Fiber: 13 grams
6. Protein: 18 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 870 milligrams

9. Sugar: 15 grams

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