

Roasted Brussels Sprouts

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-brussel-sprouts-recipe>

Ingredients:

- 1 pound brussels sprouts
- 2 tablespoons olive oil
- salt
- pepper

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 12 grams
3. Fat: 7 grams
4. Fiber: 5 grams
5. Protein: 4 grams
6. SaturatedFat: 1 grams
7. Sodium: 220 milligrams
8. Sugar: 2 grams

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