

# Instant Pot Beef Brisket

Yield: 4 min  
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-brisket-instant-pot-recipe>

## Ingredients:

- 4 pounds beef brisket
- 2 tablespoons olive oil
- 2 teaspoons chili powder
- 1 teaspoon smoked paprika
- 1 teaspoon garlic powder
- 1 tablespoon mustard powder
- 1/4 teaspoon cayenne pepper
- 1 1/2 teaspoons cumin ground
- 1 teaspoon black pepper ground
- 2 teaspoons salt
- 1 cup bbq sauce store bought
- 1 cup ketchup
- 1/4 cup honey
- 1 tablespoon apple cider vinegar
- 3 cloves garlic sliced
- 1/4 cup brown sugar packed
- 1 teaspoon liquid smoke
- 1 tablespoon Worcestershire sauce
- 1/2 cup chicken broth low sodium

## Nutrition:

1. Calories: 1040 calories
2. Carbohydrate: 68 grams
3. Cholesterol: 280 milligrams
4. Fat: 40 grams
5. Fiber: 2 grams
6. Protein: 98 grams
7. SaturatedFat: 15 grams
8. Sodium: 2950 milligrams

9. Sugar: 56 grams

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