

Christmas Coleslaw

Yield: 6 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-coleslaw-recipe-uk>

Ingredients:

- 3 5/8 cups red cabbage very finely shredded
- 2 tablespoons extra-virgin olive oil
- 1 tablespoon red wine vinegar
- 1 teaspoon Dijon mustard
- 1 tablespoon maple syrup
- 1 teaspoon ground ginger
- sea salt
- pepper
- 1 tablespoon white wine
- 2/3 pound beetroot freshly boiled or tinned, chopped
- 4 radishes small, finely sliced
- 5 cups rocket wild
- 2 tablespoons pomegranate seeds

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 13 grams
3. Fat: 5 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 190 milligrams
8. Sugar: 8 grams

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