

Layered Mexican Christmas Eve Salad

Yield: 7 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-christmas-recipe-in-mexico>

Ingredients:

- 6 red beets smoked, peeled and roughly chopped
- 1 romaine heart, coarsely chopped
- 1 jicama small, peeled and roughly chopped
- 4 navel oranges peeled and roughly chopped
- 10 5/8 ounces pomegranate arils
- 1/2 cup light mayonnaise
- 2 tablespoons lemon juice
- 2 tablespoons orange juice
- 2 chipotle chilies canned, minced
- 4 tablespoons rice vinegar
- pepitas optional, pumpkin seeds

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 5 milligrams
4. Fat: 8 grams
5. Fiber: 13 grams
6. Protein: 7 grams
7. SaturatedFat: 1 grams
8. Sodium: 190 milligrams
9. Sugar: 23 grams

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