

Bara Brith Cake

Yield: 6 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-bara-brith-recipe>

Ingredients:

- 1 pound dried fruit mixed
- 2/3 pint tea cold
- 2 tablespoons marmalade
- 1 egg free-range, beaten
- 2 tablespoons brown sugar soft
- 1 teaspoon mixed spice
- 1 pound self-rising flour
- glaze
- honey

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 126 grams
3. Cholesterol: 35 milligrams
4. Fat: 1.5 grams
5. Fiber: 5 grams
6. Protein: 11 grams
7. Sodium: 1040 milligrams
8. Sugar: 55 grams

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